

Psalm 3:1-8

Staying Calm in the Midst of a Crisis

A Psalm of David, when he fled from Absalom his son.

O LORD, how many are my foes!
Many are rising against me;
many are saying of my soul,
there is no salvation for him in God.

But you, O LORD, are a shield about me,
my glory, and the lifter of my head.
I cried aloud to the LORD,
and he answered me from his holy hill.

I lay down and slept;
I woke again, for the LORD sustained me.
I will not be afraid of many thousands of people
who have set themselves against me all around.

Arise, O LORD!
Save me, O my God!
For you strike all my enemies on the cheek;
you break the teeth of the wicked.

Salvation belongs to the LORD;
your blessing be on your people!

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The Crisis

1. The enemies (v.1)
2. The accusation (v.2)

David's Three Responses in Crisis

1. His sense of identity was based in his relationship with God (vv.3-4)
2. His sense of physical security was based in his relationship with God (vv.5-7)
3. Underlying his sense of identity and security was his knowledge of God's spiritual salvation (v.8)

"No one has ever seen God; the only God, who is at the Father's side, he has made him known."
(John 1:18)

"For I have come down from heaven, not to do my own will but the will of him who sent me."
(John 6:38)